Prayer

Humble yourselves, therefore, under the mighty hand of God, so that he may exalt you in his good time, laying all your anxieties on him, for he makes you his care.

1 Peter 5:6-7

Matthew 6:1-13

"Take care not to perform your religious duties in public in order to be seen by others; if you do, your Father who is in heaven has no reward for you. Therefore, when you do acts of charity, do not have a trumpet blown in front of you, as hypocrites do in the synagogues and in the streets so that people will praise them. There, I tell you, is their reward! But, when you do acts of charity, do not let your left hand know what your right hand is doing, so that your charity may be secret; and your Father, who sees what is in secret, will reward you.

"And, when you pray, you are not to behave as hypocrites do.
They like to pray standing in the synagogues and at the corners of the streets, so that people will see them. There, I tell you, is their reward! But, when one of you prays, they should go into their own room, shut the door, and pray to their Father who dwells in secret; and their Father, who sees what is secret, will reward them. When praying, do not repeat the same words over and over again, as is done by the Gentiles, who think that by using many words they will obtain a hearing. Do not imitate them; for God, your Father, knows what you need before you ask him. You, therefore, should pray like this -

'Our Father, who is in heaven,
may your name be held holy,
your kingdom come, your will be done on earth, as in heaven.
Give us today
the bread that we will need;
and forgive us our wrongdoings,
as we have forgiven those who have wronged us;
and take us not into temptation,
but deliver us from evil.'



















